

Cheylin Public Schools Modified Quarantine Procedures

This guide specifically addresses requirements around maintaining continuity of learning in the situation where students and staff in a classroom are exposed to COVID-19; namely the modified quarantine requirements for close contacts of a case. What this modified quarantine allows is the ability for all students and staff in the exposed classroom to continue physically attending school during their quarantine period. As the numbers in Cheyenne County have remained low and extracurricular activities are important to the overall health of our students and staff, we are also allowing for participation in those activities. This guide will be updated to reflect the current activity of the virus in our county and are subject to change at any time to protect the health of Cheyenne County and USD 103 Staff and Students.

Background:

COVID-19 is a respiratory disease caused by a coronavirus (SARS-CoV-2) which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose. Studies show that asymptomatic people and people in the pre-symptomatic phase (2-3 days before symptoms begin) can also be a source of infection.

The most common symptoms of COVID-19 are fever and lower respiratory symptoms including coughing, shortness of breath, or difficulty breathing. However, there are many other symptoms that may be associated with COVID-19 including chills, fatigue, muscle aches or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea. The elderly and people with underlying medical problems such as high blood pressure, heart problems or diabetes, or chronic respiratory conditions, are at a greater risk of serious illness from COVID-19.

Schools are an important part of the infrastructure of communities, as they provide safe, supportive learning environments for students, employ teachers and other staff and enable parents, guardians, and caregivers to work. The unique and critical role that schools play makes them a priority for opening and remaining open, enabling students to receive academic instruction and support as well as critical services.

Current Isolation and Quarantine Requirements:

A Person Under Investigation (PUI) is suspected of having COVID-19 disease. A person who is being tested for COVID-19 is required to be in isolation until test results are received. Possible outcomes of the test result include:

- 1) If the test result is positive, then the person becomes a case or
- 2) If the test result is negative and the person has a known exposure, then the person must finish their 14-day quarantine, or
- 3) If the test result is negative and there was no known exposure, then the person is released from isolation.

Symptomatic cases are released from isolation 10 days after symptom onset or 72 hours fever free without the use of medication and significant improvement in symptoms, whichever is longer. Meaning, symptomatic cases are in isolation for a minimum of 10 days. Asymptomatic cases are released from isolation 10 days after their positive

sample was collected, as long as they remain asymptomatic. If they become symptomatic during the 10 days, then they would begin a new isolation period using the criteria for symptomatic cases.

Close contacts of a confirmed case are in quarantine for 14 days after their last contact with a case while the case was infectious. A symptomatic case is considered infectious starting two days before the onset of their first symptom until they are released from isolation. An asymptomatic case is considered infectious starting two days before the date their positive sample was collected until they are released from isolation.

Defining A Close Contact:

Close contact is someone who has been within 6 feet of a case for 10 minutes or more or had direct contact with bodily secretions (for example, being coughed or sneezed on). Any students or staff that maintained a 6-foot distance from the positive case would not be considered close contacts and would therefore not be subject to the 14-day quarantine period.

If the positive case, or close contacts, or both, always wore cloth facemasks this reduces the risk of developing COVID-19 disease. However, the use of cloth facemasks does not eliminate the risk completely; therefore, close contacts would still be subject to a 14-day quarantine. Any close contacts that wore appropriate PPE, either a fit-tested N95 mask with protective eyewear or a surgical mask with a face shield, would not be considered close contacts.

The time for close contact tracing includes any day(s) the positive student or staff attended school and the preceding 48 hours prior to symptom onset (symptomatic cases) or the preceding 48 hours prior to sample collection (asymptomatic cases).

Modified Quarantine Requirements:

These modified quarantine requirements are contingent on the close contacts of a case remaining asymptomatic (no symptoms) and are not in the household that you reside. If a family member tests positive, all household members must quarantine at home. Students and staff who have had exposure but remain asymptomatic should adhere to the following practices prior to and during the school day:

- **Parental Choice:** Parents who are not comfortable with sending their children to modified quarantine have the option of keeping their kids at home in regular quarantine.
- **Transportation:** Transportation will not be affected at this time.
- **Arrival and dismissal times:** Both students and staff on modified quarantine may arrive at and leave school among the non-quarantined people in the building, but are required to wear a mask upon arrival. Students and staff will be able to stay in the classroom but will be required to social distance at all times and wear a mask.
- **Pre-screen:** Modified quarantine students and staff will undergo pre-screening by the school. We also ask that parents/guardians also monitor for symptoms at home. The symptom checklist will be used to properly screen students. Notify the school administration of any symptoms that develop and stay home.
- **Medical check-in:** Modified quarantine students and staff will be checked on periodically by school administration or other designated employees. If the quarantined student or staff becomes sick during the day, they will be sent home immediately. Surfaces in their workspace will be cleaned and disinfected on a daily basis. Anyone who develops symptoms consistent with COVID-19 during the

quarantine period should notify the school administration and be picked up from school. Families will be encouraged to contact the county health department.

- **Wear a mask:** Modified quarantine students and staff must always wear a facemask/face covering while in the school. Refusal to wear a mask may result in the staff member or the student being sent home for regular quarantine. Students who have a medical exemption from wearing a mask are still required to wear a face-covering while in modified quarantine.
- **Physical separation:** When able, modified quarantine students and staff should be physically separated from the general school population through groupings, classroom arrangements, and assigned seating as directed by the school administration.
- **Bathrooms:** Modified quarantine students and staff may be directed to a designated bathroom by staff. As this is often not feasible, school staff will be increasing cleaning times and all students and staff are encouraged to continue good hand washing and appropriate hygiene. Students in modified quarantine at the elementary building will continue to use the normal bathrooms while wearing face coverings.
- **Lunch:** Modified quarantine students and staff may be directed to a designated lunch location/area by staff.
- **School activities:** Modified quarantine students and staff may participate in activities but will be required to wear a mask. They will not be required to wear a mask during vigorous physical activity or if able to maintain 6 feet of distance from others and are outdoors.
- **Outside of school:** Modified quarantine students and staff may still participate in outside activities at this time. It is advised that those in modified quarantine respect that they may be asymptomatic carriers and to wear masks whenever they are unable to maintain 6 feet distance or are indoors. It would also be advised to avoid contact with family members or others who are vulnerable to serious diseases such as the elderly or immunocompromised.

Required Cleaning/Disinfection/Sanitation

- Disinfect high-touch surfaces in the classroom with products meeting Environmental Protection Agency (EPA) criteria for use against SARS-CoV-2 and used according to the manufacturer's instructions.
- If materials are used by multiple people – disinfect between shared use.
- Conduct targeted and more frequent cleaning of high-touch surfaces of shared spaces (e.g., tables and chairs, railings, door handles).